

St Benedict's Parish Arcadia



COVID-19 SAFETY RULES UPDATE

From BISHOP ANTHONY RANDAZZO:

- Welcome to all Masses.
- Masks are required.
- Please sign in using QR CODE provided.

PARISH Masses

Weekend:

Saturday 7:00pm Vigil
Sunday 9:00am
Sunday 10:30am

Weekday:

Mondays to Thursdays 9:30am
Fridays 6.30pm Adoration
7:00pm Mass & Confession
(Reconciliation)
Saturdays 10am to 11am
Adoration & Confession
(Reconciliation)

MONASTERY CHAPEL Masses

Sundays 7:00am
Daily 7:00am

Please contact Father Hilarion for the following:

**BAPTISMS
RECONCILIATION
FOR THE SICK
MARRIAGES
FUNERALS**

Fr Hilarion: 0478 909 541

Fifth Sunday in Ordinary Time

5 & 6 February 2022

Year **C**

ENTRANCE ANTIPHON

O come, let us worship God
and bow low before the God who made us,
for he is the Lord our God.

SUNDAY HOLY MASS PRAYER

Let us pray:

Keep your family safe, O Lord, with unfailing care,
that, relying solely on the hope of heavenly grace,
they may be defended always by your protection.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever. **Amen.**

WORLD DAY OF PRAYER FOR THE SICK 11TH FEBRUARY 2022

Feast of Our Lady of Lourdes

Prayer:

O Mary,
You shine continuously on our journey
as a sign of salvation and hope.
We entrust ourselves to you, Health of
the Sick,
who, at the cross,
united with Jesus' pain,
Kept your faith firm.
You know what we need,
and we trust that you will provide for those needs so that,
as at Cana of Galilee,
joy and celebration may return
after this moment of trial.
Help us, Mother of Divine Love,
to conform ourselves to the will of the Father
and to do what Jesus tells us:
he who took our suffering upon himself,
and burdened himself with our sorrows
to bring us, through the cross,
to the joy of resurrection. Amen.



We seek refuge under your protection, O Holy Mother of
God. Do not despise our plea—we who are put to the
test—and deliver us from every danger, O glorious and
blessed Virgin.

Pope Francis

First Reading**Isaiah 6:1-8 (JB)**

A reading from the prophet Isaiah

Here am I! Send me.

In the year of King Uzziah's death I saw the Lord seated on a high throne; his train filled the sanctuary; above him stood seraphs, each one with six wings.

And they cried out one to another in this way, 'Holy, holy, holy is the Lord of hosts. His glory fills the whole earth.'

The foundations of the threshold shook with the voice of the one who cried out, and the Temple was filled with smoke. I said: 'What a wretched state I am in! I am lost, for I am a man of unclean lips and I live among a people of unclean lips, and my eyes have looked at the King, the Lord of hosts.'

Then one of the seraphs flew to me, holding in his hand a live coal which he had taken from the altar with a pair of tongs. With this he touched my mouth and said: 'See now, this has touched your lips, your sin is taken away, your iniquity is purged.' Then I heard the voice of the Lord saying: 'Whom shall I send? Who will be our messenger?'

I answered, 'Here I am, send me.'

The word of the Lord.

Thanks be to God.

Responsorial Psalm:

R. In the sight of the angels I will sing your praises, Lord.

Second Reading**1 Corinthians 15:1-11 (JB)**

A reading from the first letter of St Paul to the Corinthians

I preach what they preach, and this is what you believe.

Brothers, I want to remind you of the gospel I preached to you, the gospel that you received and in which you are firmly established; because the gospel will save you only if you keep believing exactly what I preached to you - believing anything else will not lead to anything.

Well then, in the first place, I taught you what I had been taught myself, namely that Christ died for our sins, in accordance with the scriptures; that he was buried; and that he was raised to life on the third day, in accordance with the scriptures; that he appeared first to Cephas and secondly to the Twelve. Next he appeared to more than five hundred of the brothers at the same time, most of whom are still alive, though some have died; then he appeared to James, and then to all the apostles; and last of all he appeared to me too; it was as though I was born when no one expected it.

I am the least of the apostles; in fact, since I persecuted the Church of God, I hardly deserve the name apostle; but by God's grace that is what I am, and the grace that he gave me has not been fruitless. On the contrary, I, or rather the grace of God that is with me, have worked harder than any of the others; but what matters is that I preach what they preach, and this is what you all believed.

The word of the Lord.

Thanks be to God.

Gospel Acclamation**Alleluia, alleluia!**

Come follow me, says the Lord,
and I will make you fishers of my people.

Alleluia!**GOSPEL****Luke 5:1-11 (JB)**

A reading from the holy Gospel according to Luke

They left everything and followed him.

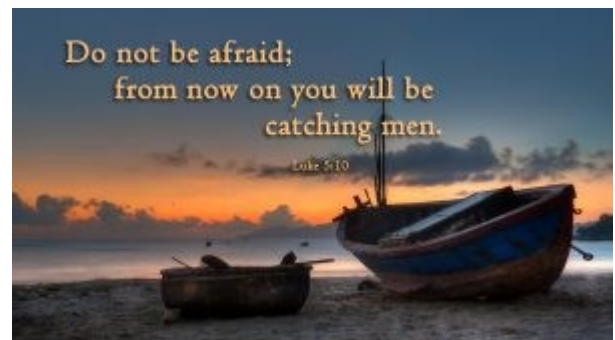
Jesus was standing one day by the Lake of Gennesaret, with the crowd pressing round him listening to the word of God, when he caught sight of two boats close to the bank. The fishermen had gone out of them and were washing their nets. He got into one of the boats - it was Simon's - and asked him to put out a little from the shore. Then he sat down and taught the crowds from the boat.

When he had finished speaking he said to Simon, 'Put out into deep water and pay out your nets for a catch.' 'Master,' Simon replied 'we worked hard all night long and caught nothing, but if you say so, I will pay out the nets.' And when they had done this they netted such a huge number of fish that their nets began to tear, so they signalled to their companions in the other boat to come and help them; when these came, they filled the two boats to sinking point.

When Simon Peter saw this he fell at the knees of Jesus saying, 'Leave me, Lord; I am a sinful man.' For he and all his companions were completely overcome by the catch they had made; so also were James and John, sons of Zebedee, who were Simon's partners. But Jesus said to Simon, 'Do not be afraid; from now on it is men you will catch.' Then, bringing their boats back to land, they left everything and followed him.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.



GOSPEL REFLECTION

Luke 5:1-11

We crossed into a new millennium 20 years ago and a new stage of the Church's journey began. At the heart of this new adventure was the new evangelization, a fresh, new and dynamic momentum to 'put out into the deep', or 'Duc in Altum' (v.4). Peter and his fellow disciples trusted Jesus' words and cast their nets, and, 'When they had done so, they caught such a large number of fish that their nets began to break.' (v.6).

These words, 'put out into the deep', still ring out today, inviting us to remember the past with gratitude, live the present with enthusiasm, and look forward to the future with confidence, because, 'Jesus Christ is the same yesterday and today and for ever.' (Heb.13:8).

To 'put out into the deep' is related primarily to evangelization, of winning souls for Christ. Jesus is the goal of history and the One Saviour of the world. The Church and the Spirit cry out in unity. 'Maranatha' or 'Come, Lord Jesus' (Rev.22:17). He is also the goal and purpose of our lives, and the litmus test of faith is always: do you know Jesus Christ our Lord? For in knowing and loving him we become strengthened in Grace and desire to share this blessing with others.

We are called not to be afraid but to be fishers of men and women. We are called to understand the deep desires and longings of every human heart, but to do this we must first understand our own. We thirst to know the Living God. We cry out to know his mercy and forgiveness in such a way that deep joy and happiness well up within.

The Spirit is the One who quenches thirst and brings new life (John 4:14). This is God's merciful love which was made known in Christ. When we come to touch his goodness, kindness and compassion our hearts sing out: 'O give thanks to the Lord for he is good; his steadfast love endures forever.' (Ps.118:1). We are ambassadors of God's mercy, channels of his love, and witnesses of his goodness and kindness.

Lord, fill my heart with the confidence to win others over to the living love and mercy of God.

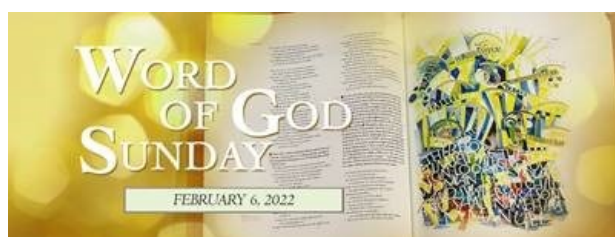
(Source: Bible Alive UK pg.25)

LITURGICAL FEASTS AND EVENTS OF THE WEEK

Monday	February 7, 2022:	St Paul Miki and companions, martyrs
Tuesday	February 8, 2022:	St Jerome Emiliani
		St Joesphine Bakhita, virgin
Thursday	February 10, 2022:	St Scholastica, virgin
Friday	February 11, 2022:	Our Lady of Lourdes
		World Day of Prayer for the Sick

Source: Ordo 2022

SUNDAY WORD OF GOD - February 6, 2022



This Sunday marks Sunday of the Word of God, an occasion to celebrate God's word in our Sacred Scriptures. We remember that when we read the Scriptures or hear them proclaimed, we are entering into a true dialogue with God, both individually and communally. God continues to speak, and we are encouraged to grow in our knowledge and love of the Scriptures so as to enter into this dialogue and grow in our friendship with the risen Lord.

Pope Francis tells us, "A profound bond links sacred Scripture and the faith of believers. Since faith comes from hearing, and what is heard is based on the word of Christ (cf. Rom 10:17), believers are bound to listen attentively to the word of the Lord, both in the celebration of the liturgy and in their personal prayer and reflection." (Aperuit Illis #7)

Consider taking some steps to read or study the Scriptures more this year. Some ideas follow:

1. 'The Bible in A Year' Podcast with Fr Mike Schmitz: Make 2022 the year that you read the whole Bible with this easy-to-use podcast. Includes explanations on the text.
2. 'Pray as You Go' App: Start your day with one of the day's Scripture texts and reflection / music.
3. Join a bible study or reflection group. Take some time to get to know and understand our foundational texts.

THE RULE OF ST BENEDICT

Chapter 4

Not to render cursing for cursing, but rather blessing.

PARISH FUNDS

Your support as always is much appreciated. For those wanting to make payments directly to our bank account here are the details:

PLEASE NOTE NEW BANK DETAILS

Bank Details for ONLINE only donations:

BSB: 062 784

Acct: 100002141

Name: Catholic Parish of Arcadia Bank:

CBA—Catholic Development Fund

God bless you all!

ENGAGED ENCOUNTER WEEKEND

Engaged Encounter are offering several weekends throughout 2022 for all couples preparing for marriage.

GOT YOUR WEDDING PLANS UNDER CONTROL? How prepared are you for marriage? Engaged Encounter provides you with deeper insights into each other and into married life. We give you a chance to spend time together to strengthen and enrich your relationship. For further information visit our

website www.engagedencounter.org.au.

Choose any of the coming Weekends in 2022:

Feb 19-20, Apr 30 - May 01, Aug 06-07, Nov 12-13

Contact: 0408 162 038

PRAY FOR TONGA

Tonga is reeling after a violent underwater volcano eruption triggered tsunamis, destroyed telecommunications and blanketed the country in ash and rock.

Roads, bridges and homes are damaged. Water supplies have been contaminated by volcanic ash and saltwater.

Tonga needs your support urgently. Give now to help with emergency response.

Visit

www.caritas.org.au/donate/emergency-appeals/pacific

or call 1800 024 413 toll free to make your donation.

Prayer:

Lord, we pray for those in Tonga who grieve any loss of life; for the injured or traumatised; for those searching for family; for those whose property has been destroyed or livelihoods ruined. We ask for your healing presence in their lives.

Amen.



SOCIAL JUSTICE

Please see the attached flyer outlining details for an online course in social justice teachings facilitated by Dr Sandie Cornish at Broken Bay Institute starting **15 Feb 2022**.

The course runs over 16 weeks and is very reasonably priced at \$310 plus GST.

This course would be useful for anyone who works in, or has an interest in, social justice ministry.

If the fee presents a challenge, please contact Emma Baker at emma.baker@bbcatholic.org.au.

Evangelisation Broken Bay is offering to contribute towards the cost of the course for those who have a desire to enrol but may not have the financial capacity at present.

[Download details here](#)

or call 9847 0030 for more information.

In Our Parish

We welcome into God's family, all who were recently baptised, especially: *Lucy Batchelor, Aiyana Jasser, Eliana Dominello, Joseph Mouhayet, Ernest Garemyn and Sofia Lopez.*

We pray for the sick of our Parish, especially *Lyla Aboud, Brother Mario, Theresa Gittany (Lila Bacha's mum)*

We remember in our prayers all our dearly beloved who have died.



NEXT WEEKEND'S ROSTER

12/2/2022 to 13/2/2022

6th Sunday in Ordinary Time Year C

	Saturday 7pm	Sunday 9am
Acolyte		Paul El-Chaar
Reader1	Maria Gambino	Ann Lomas
Reader2	Brother Peter	Paula El-Chaar
Prayers	Miriam Brown	Rebecca Raad
TV		Nigel Morgan
Music		Melanie Hume
Music		Keith Wallace
Music		Marisa Quattrochi
Music		Teresa Gambino

ROSTER

Draft roster is now on the sacristy window. Please check as soon as possible and make any changes. If you would like to be added to the roster please put your name and number on the bottom of the draft roster.



BIG THANK YOU!



A very big thank you to:
Lila Bacha and Robin Barbara
(with the help and support of your family and friends).

You did a great job raising \$2260 at the mini fete before Christmas. The good Lord will bless and reward your generosity!

Dear Parishioners,

We always need your support with your suggestions, your time and your hands. God bless you all!

CCC PRAYER GROUP

Prayer meeting held every

Friday nights:

after 7pm Mass

Wednesday mornings:

after 9.30am Mass.

Everyone welcome.

For more details call Mary Camilleri on 0403 116 987.



CATECHIST NEWS

We are very fortunate to be able to return to bringing God's Word to our local public schools. I would like to thank all our parish Catechists for giving their time and their commitment to this ministry. Thanks to all those who were able to attend our Catechist meeting this week to receive their student books. Also thanks to Fr Hilarion for his blessing and sending forth!

SRE (Scripture) starting dates –

Middle Dural Public School – Wednesday 9th February

Glenorie Public School – Wednesday 16th February

Galston Public School – Wednesday 23rd February

Arcadia Public School – Wednesday 2nd March

Hillside Public School – to be confirmed

Catechists Needed - If you are free on Wednesday or Friday mornings and love being with children, why not consider joining this ministry. **Vacancies exist for a helper for Year 5 at Glenorie Public School on Wednesdays 10:10-10:50am and a Catechist at Hillside Public School on Fridays 8:50am – 9:40am.** Training, books and support are provided free. Please call the parish office, contact me or speak to Fr Hilarion if you are interested.

God bless,

Miriam Brown srearcadia@gmail.com

Parish Catechist Co-ordinator

LENTEN GROUPS

If Anyone is interested in forming Lenten Groups during Lent from Ash Wednesday until Easter please let Fr Hilarion know or email the parish:

arcadia.parish@bigpond.com.au



Let us do a bit more for the Lord who suffered and died to save us.

- Extra prayers (Station of the Cross and Adoration).
- Daily Mass (7am and 9.30am).
- Bit of prayer at home (reading the Bible and family Rosary).
- Fasting and abstinence.

ITALIAN ROSARY GROUP

Every Monday 2.00pm. Everyone welcome.

For more details call Angela Egiziano.

Ph: 9653 2312.



WORLD DAY OF PRAYER 2022

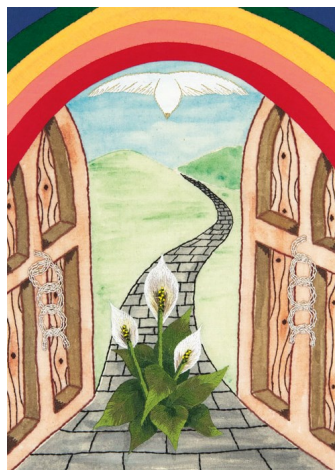
Please join us for World Day of Prayer on **Friday 4th of March 2022 10am** at St Benedict's Parish Arcadia.

For more information contact Pauline Honor Ph: 0490 025 759.

Countries presenting are England, Wales and Northern Ireland.

Christian ladies in those countries have prepared the service for World Day of Prayer.

The World Day of Prayer is an international ecumenical Christian laywomen's initiative. It is run under the motto "Informed Prayer and Prayerful Action," and is celebrated annually in over 170 countries on the first Friday in March. The movement aims to bring together women of various races, cultures and traditions in a yearly common Day of Prayer, as well as in closer fellowship, understanding and action throughout the year.



Artist: Angie Fox

Angie is an Embroiderer and Vestment Designer from Derby, England.

She writes, 'Following the theme given, I have used several images to depict the key words as follows:

Freedom: an open door to a pathway across an endless open vista.

Justice: broken chains

God's Peace and Forgiveness: the dove of peace and a peace lily breaking through the pavement.

Over all: the rainbow represents the overreaching love of God.'

POPE FRANCIS ENCOURAGES EVERYONE TO PRAY FOR PEACE IN UKRAINE



Pray for the Ukraine . . .

As the situation escalates in Europe over fears of a Russian invasion of Ukraine, Pope Francis has issued an urgent plea to all people of goodwill to pray for peace. "Please, no more war!" Pope Francis addressed these words to all political leaders on the Catholic Church's day of prayer for peace (26 January 2022) and asked the world to pray that "this land may see fraternity flourish and overcome wounds, fears, and divisions." (www.vaticannews.va)

Prayer for Peace:

"Lord God of peace, hear our prayer! We have tried so many times and over so many years to resolve our conflicts by our own powers and by the force of our arms. How many moments of hostility and darkness have we experienced; how much blood has been shed; how many lives have been shattered; how many hopes have been buried... But our efforts have been in vain.

Now, Lord, come to our aid! Grant us peace, teach us peace; guide our steps in the way of peace. Open our eyes and our hearts, and give us the courage to say: "Never again war!"; "With war everything is lost". Instil in our hearts the courage to take concrete steps to achieve peace.

Lord, God of Abraham, God of the Prophets, God of Love, you created us and you call us to live as brothers and sisters. Give us the strength daily to be instruments of peace; enable us to see everyone who crosses our path as our brother or sister. Make us sensitive to the plea of our citizens who entreat us to turn our weapons of war into implements of peace, our trepidation into confident trust, and our quarrelling into forgiveness.

Keep alive within us the flame of hope, so that with patience and perseverance we may opt for dialogue and reconciliation. In this way may peace triumph at last, and may the words "division", "hatred" and "war" be banished from the heart of every man and woman. Lord, defuse the violence of our tongues and our hands. Renew our hearts and minds, so that the word which always brings us together will be "brother", and our way of life will always be that of: Shalom, Peace, Salaam! Amen.

Pope Francis, Invocation for Peace

SAINT OF THE WEEK
St Paul Miki and Companions, Martyrs
C. 1562-1597

Feast Day: February 6



Patron Saints of Japan
Native Japanese priests and laity die nobly for a new faith

The words of the American poet John Greenleaf Whittier capture the pathos of today's memorial: "For of all sad words of tongue or pen, The saddest are these: 'It might have been!'" The swift rise, and sudden fall, of Catholicism in Japan is one of the great "might-have-beens" in human history. Portuguese and Spanish priests, mostly Jesuits and Franciscans, brought the Catholic religion to the highly cultured island of Japan in the late 1500s with great success. Tens of thousands of people converted, two seminaries were opened, native Japanese were ordained as priests, and Japan ceased to be mission territory, being elevated to a diocese. But the rising arc of missionary success just as quickly curved downward. In waves of persecutions from the 1590s through the 1640s, thousands of Catholics were persecuted, tortured and executed until the Catholic religion, and indeed any outward expression of Christianity, was totally eradicated. Japan almost became a Catholic nation, coming close to joining the Philippines as the only thoroughly Catholic society in Asia. Japan might have done for Asia in the 1600s what Ireland did for Europe in the early Middle Ages. It could have sent scholars, monks, and missionary priests to convert nations far larger than itself, including China. It was not to be.

Paul Miki was a native Japanese who became a Jesuit. The Jesuits would not accept into their seminary men from India or other nations they considered to be of inferior education and culture. But the Jesuits had immense respect for the Japanese, whose culture was equal to, or even exceeded, that of Western Europe. Paul Miki was among those who, after being educated in the faith, evangelized their own people in their own language. He and others blazed a new pathway forward, allowing the Japanese to not only understand but to see, in flesh and blood, that they could retain the best of their native culture while being faithful to the newfound God of Jesus Christ.

Paul, a Jesuit brother, and his companions were the first group to suffer mass martyrdom in Japan. A military leader and adviser to the Emperor feared Spanish and Portuguese conquest of the island and ordered the arrest of six Franciscan priests and brothers, three Japanese Jesuits, sixteen other Japanese, and one Korean. The captured had their left ears mutilated and were then forced to march, bloodied, hundreds of miles to Nagasaki. On February 5, 1597, Paul and his companions were bound to crosses on a hill, like Christ, and pierced with lances. An eyewitness described the scene:

Our brother, Paul Miki, saw himself standing in the noblest pulpit he had ever filled. To his "congregation" he began by proclaiming himself a Japanese and a Jesuit... "My religion teaches me to pardon my enemies and all who have offended me. I do gladly pardon the Emperor and all who have sought my death. I beg them to seek baptism and be Christians themselves." Then he looked at his comrades and began to encourage them in their final struggle... Then, according to Japanese custom, the four executioners began to unsheath their spears... The executioners killed them one by one. One thrust of the spear, then a second blow. It was over in a short time.

The executions did nothing to stop the Church. Persecution only fanned the flames of faith. By 1614 about 300,000 Japanese were Catholics. So more intense persecutions followed. Japanese leaders eventually chose to seal off their ports and borders from virtually all foreign penetration, a policy that would last until the nineteenth century. Only in 1854 was Japan forcibly opened to foreign trade and Western visitors. Then, thousands of Japanese Catholics suddenly came out of hiding, mostly near Nagasaki. They bore the names of the Japanese martyrs, spoke some Latin and Portuguese, asked their new guests for statues of Jesus and Mary, and sought to verify if a French priest was legitimate with two questions: 1) Are you celibate?; and 2) Do you come from the Pope in Rome? These hidden Christians also opened their palms to show the priest something else—relics of the martyrs who their remote ancestors had known and honored centuries before. Their memory had never died.

Saint Paul Miki, you accepted martyrdom rather than abandon your faith. You chose to serve those closest to you rather than to flee. Inspire in us the same love of God and man so that we too can know, love, and serve God in the heroic fashion that made you so brave and composed in the face of intense suffering. Amen.

SOURCE: mycatholic.life



POPE FRANCIS' PRAYER INTENTION FOR FEBRUARY

FOR RELIGIOUS SISTERS AND
CONSECRATED WOMEN

We pray for religious sisters and consecrated women; thanking them for their mission and their courage; may they continue to find new responses to the challenges of our times.

COVID 19 SAFETY RULES

PLEASE WEAR MASKS.

**Please use QR CODE or write your name and phone number on the sheets provided at both entries.
Please adhere to social distancing guidelines of 2sqms and sanitise your hands at the door.
Also wipe seats down afterwards with wipes provided at both entries.**

**IF YOU ARE NOT WELL OR EXPERIENCING FLU-LIKE SYMPTOMS,
PLEASE STAY HOME, ISOLATE AND GET TESTED.**

SAFEGUARDING MISSION STATEMENT

We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help: Fr Hilarion 0478 909 541, Lorraine Dailey 0416 081 882, Office for Safeguarding 83791605.

ACKNOWLEDGMENT

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

Office Hours:
Mondays & Fridays 9.30am to 2.30pm
Parish Office: 9653 2312
Parish Priest: Fr. Hilarion Fernando OSB
Email: hilarionfernando@yahoo.com
After hours: 0478 909 541
Email: arcadia.parish@bigpond.com
Postal address: 121 Arcadia Rd, Arcadia NSW 2159

Website: www.bbcatholic.org.au/arcadia
Facebook: stbenedictsarcadia
Address: 2 Fagans Road,
Arcadia NSW 2159
Monastery: 9653 1159

**For all parish Occupational Health & Safety and
Safeguarding Children matters Contact:**
Lorraine Dailey on 0416 081 882.

Bank Details for ONLINE only donations:
BSB: 062 784
Acct: 100002141 (**NEW BANK DETAILS**)
Name: Catholic Parish of Arcadia Bank:
CBA—Catholic Development Fund